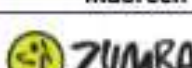


MON	TUES	WED	THURS	FRI	SAT
 Butts & Guts 5:30AM Jane	 Tabata Strength 5:30AM Elizabeth	 Butts & Guts 5:30AM Jane	 Tabata Strength 5:30AM Elizabeth	 LES MILLS BODYCOMBAT 5:30AM Kerry	 LES MILLS sprint 8:00AM Carolina
 LES MILLS sprint 6AM Jane		 LES MILLS sprint 6AM Jane			 LES MILLS BODYPUMP 8:30AM Laura J.
 LES MILLS BODYPUMP 6AM Beth		 Power Ride Express 7AM Laura T.		 Rise & Ride 5:30AM Elizabeth	
 Power Hour 8AM Amanda	 LES MILLS sprint 8:30AM Patty	 LES MILLS BODYPUMP 7:30AM Laura T.			 ZUMBA 9:30AM Carolina
 LES MILLS sprint 9AM Maureen	 Butts & Guts 9AM Patty	 Pilates 8:30AM Maureen	 Pilates/Barre 8:30AM Patricia	 LES MILLS sprint 8:30AM Maureen	 Refresh & Reset 45 min 10:00AM Carolina
 Body Sculpt Express 9:30AM Maureen	 20/20/CORE 9AM Carolina		 LES MILLS sprint 8:30AM Patty	 Butts & Guts 9AM Maureen	
 ZUMBA 10AM Patricia	 ZUMBA 10AM Carolina		 ZUMBA 9:45AM Patricia	 Power Yoga 9:30AM LoriAnn	
 Easy Fit Strength 11AM Maureen	 Gentle Yoga 11AM Gail	 Easy Fit Balance 11AM Carolina/Maureen	 Tai Chi 11AM Mike	 Easy Fit Strength 11AM Carolina	
					<h1>SUN</h1>
		 Yoga Flow 5PM Gail			 LES MILLS BODYCOMBAT 7:30AM Kerry
 ZUMBA 5:30PM Carolina	 Wheels of Steel 6PM Laura J.	 LES MILLS sprint 6PM Carolina	 Pilates 6PM Maureen		 Power Ride (45min) 9AM Jane
 LES MILLS BODYPUMP 6:30PM Laura T.	 LES MILLS BODYCOMBAT 6PM Kerry	 Body Sculpt (45 min) 6:30PM Carolina	 Rest & Renew Yoga 7PM LoriAnn		 Pilates/Barre 9:30AM Patricia